

7 - St Asaph to Llanefydd 6.3 miles/10.1 kms

Leave the Cathedral and walk down through the town and over the bridge. Turn left and continue along this road. Go ahead at the junction to pass the factory on your left. Take the first road on your left and follow this for 1.4 miles/2.2 kms. Go right when the road forks and you will shortly reach the imposing church at Cefn Meriadog. Go left at the next fork and down to the T junction Turn right to Bont Newydd. Cross over the bridge.

Turn right uphill. After 100 metres take the footpath on the left and follow through the woods to a gate to emerge into the field. The path bends diagonally left to go uphill and through a gate into the next field. Follow the path alongside the hedge to join the track alongside Croen Llwm Mawr farm.

Cross over the road and take the track opposite to the farm at Tyddyn Bartley. The path goes between the farmhouse and the farm buildings Go through gates and turn right after the second into a field. Walk along with the wood on your right to the far right hand corner. Go over stile into an enclosed track and turn left to go through gate on to the lane at Ty'n y Bedw. Walk 200 metres along this lane to the first junction and turn right downhill towards the cottage. Passing to the left of the cottage go through this small valley over a footbridge and then up to the road. Here go right and then straight over at the cross roads.

After 150 metres take the footpath on the left this follows the fence for a short distance, about 50 metres, and then goes right across the field to a stile. Followed the waymarked route to the road.

Turn right and follow the road until you reach a fork. Take the road on the left to reach a junction. Here you have two alternatives:- To continue, turn left up the road until an area of gorse is reached on the right. Here take the footpath through this area to a clearly visible stile. Alternatively, to visit Llanefydd, turn right here and follow the road for 500m into the village.