

22 - Trefor to Nefyn 6.3 miles/ 9.6 kms

OS Explorer Map 253

There are two possible routes here:-

1. The Wales Coastal Path around Trefor

Continue down the road into Trefor until you see the signs for the Wales Coast Path on your right near the bus stops. Turn right and go down the road to Gwydir and the pier and then follow the coastal path waymarkers around the headland via Ynys Bach and Ynas Fawr until you reach the cottages at West End. Walk past West End and then turn left back towards Trefor. Follow the path uphill where it now joins a lane at the Coach House. Follow the lane which goes under a bridge and then immediately turn right and follow the path uphill. After a few yards, there is a sign left into open fields. Follow the signage across 2 fields and at the waymarker post turn right to join the lane out from Trefor. When the lane turns sharp left (GR 368 463) continue ahead up a track (which becomes a path) to Bwlch yr Eifl. Find a gravel vehicle track descending from the quarry workings seen to your right, bear left to follow this track down to the car park for Nant Gwrtheyrn.

2. Inland Route via Trefor

At the village centre, with the shop on your left, the through road bears left – ignore this and go straight across and ahead along an unnamed street. Pass over a bridge with Capel Bethania on the right and car park on the left. At the end of the houses turn left, up a lane, climbing steadily. When the lane turns sharp left (GR 368 463) continue ahead up a track (which becomes a path) to Bwlch yr Eifl. Find a gravel vehicle track descending from the quarry workings seen to your right, bear left to follow this track down to the car park for Nant Gwrtheyrn.

There are two possible routes from here to Pystyll

The Inland Route: From the car park walk towards Llysfaen for about 200 yds, turn right to follow the bridle path through a metal gate. Keeping the ditch & fence to your right pass through another gate near the house (Tir Gwyn) on your left). Take the next gate to the right, through the wall, and walk up the middle of the field to the marker post, which is just visible on the brow of the hill. Pass through a field gate, seen ahead, turn right and follow the wall, turn right again through a small wooden gate.

From here walk straight down towards the farm, Ciliau-isaf, crossing an access track by two stiles to pass just to the left of the farm. Follow the line of kissing gates as you cross fields (as a guide, the bay of Porth Dinllaen can be seen about 4 miles ahead. After passing Cefnydd a path leads you down, past Ffynnon Sanctaidd, to Pystyll and St. Beuno's Church.

The Coastal Path: *this winds its way down to The Welsh Language Centre (Nant Gwrtheyrn) and on towards the beach; from the ruined jetty climb a delightful but steep path to Ciliau-isaf (Farm) from there the path leads across the bwlch to St.Beuno's Church (at Pystyll) which comes into sight as you descend. This is not waymarked as Pilgrim's Way.*

After visiting the Church return to the lane and continue along it to pass the site of the now-demolished hotel. You are now following the Wales Coast Path with new waymark posts as a guide. On reaching the B4417 turn left and soon take the track on the right.

The path crosses a couple of fields (quite muddy in wet times) but soon passes to the right of a house and then round the side of a hill, through the disused quarry workings to join an access track leading to a few houses. A narrow path soon forks right, near the end of which there is a small stream on your right. Turn left at St Mary's Church, walk down the street to the main road and turn left into Nefyn.