

## **2 - Pantasaph to Maen Achwyfan 3.3 miles/5.3 kms**

Leave the Monastery by walking along the path past the entrance to the Stages of the Cross and turn left. At the road junction turn right to the next road junction. Cross over the road to the footpath at a stile and gate. Take this path with the hedge on your right to the community of Lloc. Cross over the road to the cross roads at the Rock Inn, go directly across and walk alongside the road . Take the first track on your right – if you continued ahead you would come to a small chapel which holds a Plygan (a Carol Service) at 6am every Christmas Day Morning.

Take this track which soon becomes a path to pass to the left of one farmhouse (Hollow Farm) and right of the next (Twill Bach). At the junction of tracks turn left and then cross a road on to a bridleway. Immediately go left over a stile and head for the gate to the left of the farmhouse (Garreg Farm). Go through and walk along the bridleway to the right of the farm buildings and up to a track. Turn left along this and shortly turn right to go up hill into the woods (Coed y Garreg). As you enter the woods turn left along the woodland path. Follow this to the stile at the end of the path.

On your right is the summit of the hill with its reputed Roman Pharos (a magnificent viewpoint).

Cross over the stile and go diagonally right to another stile and then to a stone stile alongside the cottage. Turn left to the staggered junction with Maen Achwyfan in the field.