

19 - Waunfawr to Penygroes 7.1 miles/11.5 kms

Follow the main road over the river and past the Snowdonia Inn. Take the lane on the right signposted Rhosgadfan. Follow this to pick up a path going left (signposted YFron) to cross a stream. It then climbs up over two old metal ladder stiles on to the Common. Go straight ahead towards the left hand corner of the sheepfolds. The path goes alongside this wall and passes two dwellings on your right to join the track towards Hafod Rhuffydd Farm where a metalled road is now joined. Follow this until it bends to the right.

Here take the footpath going left – there is a waymarker post a little way along this path. The path is now waymarked across the moorland. You come to a junction paths, marked by an extremely large stone to the right.

Turn right towards it and follow the path to the left of it past the waste tips for the disused Moel Tryfan Slate Quarry. There are good views left of the Nantlle ridge and the lake below. The path now goes right into the quarry and joins the access road which is followed around to a cattle grid. Go over and take the right fork. Follow the path past another disused and flooded quarry to the Cross Roads at Fron.

Take the track opposite on to the open ground and towards Bontwrog. Continue along the track to the settlement of Cilgwyn. At the road junction there is an interesting shrine. Take the left fork.

Continue down the lane until at a junction, take a left towards the old quarry/landfill, but as you reach the wall, you will see a tunnel through it on your right. Go through this and continue through a kissing gate and down the path until another junction of paths. Continue ahead down through a metal kissing gate (GR 492588) along a walled path through two kissing gates continuing down stone steps to a gate on your right. Go through the gate towards a track where you turn left. Follow the track down to a gate and turn right onto another track that becomes a metalled lane. When you reach a roundabout with trees in the middle take the left fork and continue down the lane to a kissing gate on your left.

Go through the kissing gate and turn right to follow the path onto a track that soon goes past the football ground on your left. Follow the path to a kissing gate onto the road where you turn left. Cross the road onto the opposite footpath and follow the road until you see a footpath sign on your right.

Walk down this pleasant footpath through the trees with a stream on your left. When you reach a footbridge do not cross it but turn right onto the riverside path with the Afon Lyfni on your left. Follow this path carefully through two kissing gates. After the second gate the path turns gradually to the right across a raised slate causeway that eventually rises up to a kissing gate onto the main road (B4418).

Turn left and cross over the road with care and take the wide footpath opposite and follow it all the way into Penygroes.

