17 - Bangor to Llanberis:- 10.6m (17.1km)

A - Bangor to Tregarth

Leaving the Cathedral, continue along the High St. until you find a path that goes off to the left just past a chapel and before you reach the Lidl store. This path goes over Bangor Mountain to reach a lane where you go ahead and follow it round to the left. Keep right at the next junction and then turn left again to drop down steeply to a ford where you pick up the old quarry railway track. Turn right here and follow this beautiful track towards Tregarth (3.5km) going over a newly built bridge over the A 4244.

After passing under the next road bridge you approach another smaller one over the cycleway.

To continue to Tregarth and Bethesda stay on the Cycleway and follow into the town where there is accommodation, cafés and shops.

B - Tregarth to Deiniolen

Walk up the path to the left of this bridge to go right over it. Follow this path to a group of buildings (old hamlet of Pandy). At the buildings turn right along a track which quickly becomes a footpath alongside a low ridge. When you come to another track cross over it to go through a walkers' gate. When you arrive at the Woodland Trust go left through the gate. Follow this footpath, bearing right, to the lane.

Turn right along the lane. At the staggered junction, bear left to follow the metalled lane and just before you reach a gated driveway, turn left into the woods. Follow this path up through the woods to a wall where you turn right to follow the wall on your left. At the kissing gate turn left through the gap in the wall and continue through the woods until you come to a kissing gate in a wall. Go through it and with the wall on your right follow the path round the side of Moel-y-Ci to another gate which leads out onto a track. Turn left along it to reach the top of the hill at Tynllidiart. Here the metalled lane drops to the right. Then take the second path on the left through a gate. This path/lane passes through two farms at Cae'r Gof. Go ahead and through three walls. After the last one go uphill to go through the wall on to the Common.

Walk with wall on your right to a gate to leave the Common. Go directly across the field and down and across the stream. Continue uphill until the footpath bends sharply left. This leads to a derelict farmhouse, Maes Meddygion. Pass to the right of this to reach open land again. Continue over the hillside and down to the road at Ffridd Uchaf. Turn right and take the second footpath on the left and follow this path down to the main road and turn left into the High Street.

C - Deiniolen to Llanberis

At the road junction turn right down New Street. Go past the shop to the next road junction. Here turn left into Tai Caradog with a stone wall separating the road from the sheltered housing on your right. Walk along to the end and where the road bends to the left. Here take the footpath through the kissing gate on your right.

Go through this and continue past the houses to cross a stream with its two footbridges to a lane. Turn left and after a few metres take the next footpath on your right. Go right where the path forks and follow to the top of the hill and turn left along the access road to another road and turn right. Follow this road to the houses at Maes Eilian and before the bus shelter take the footpath right.

When you reach the next lane cross it to another lane. Take the footpath down an access road on your right. This enters the wood of Padarn Country Park and the path is easy to follow down through the wood. On leaving the wood turn left along the road to meet the road from the Slate Museum. Cross over this road to go over a footbridge and follow this path with the railway on your left to the main road. Turn right, then cross over the road and turn right into the High Street of Llanberis.